

A self-care guide for Tubigrip® change

Your health care professional has instructed you to wear Tubigrip® Tubular Support Bandage.

Your Tubigrip bandage has been measured to fit your needs and should be worn as instructed (see below). During the course of your treatment, please keep regular appointments with your health care professional to monitor progress and maintain the correct size. Notify your health care professional if you are unable to apply or have additional questions.

How to apply Tubigrip® Tubular Support Bandage:

1. Pull Tubigrip onto your leg like a stocking and stop just below the bend in the knee (to prevent rolling) (See Figure A).
2. Fold over at the toes and double Tubigrip back up over the leg.
3. Ensure that the second layer ends just below the first layer. (See Figure B)
4. Smooth out all wrinkles.
5. Remove Tubigrip and inspect skin daily.
6. Tubigrip can be placed over a wound dressing.



General instructions

1. Laundering: 30°C machine wash with gentle detergent. Line dry, do not place in the dryer.
2. Replace Tubigrip when stretch is compromised or upon health care professional direction.
3. Contact your local medical supplier or your health care professional for Tubigrip replacement.

Note: If you have any of the following symptoms, remove Tubigrip and notify your health care professional immediately:

- Pain when applying or wearing Tubigrip
- Numbness or tingling of toes or foot
- Increased swelling of toes, foot or leg
- Injury to foot or toes
- Noticeable change in temperature of toes or foot
- Change in color of toes
- Change in wound drainage or appearance
- Inability to ambulate or stand within a 24 hour period

Additional instructions

Caution: This product contains natural rubber latex which may cause allergic reactions, including anaphylactic responses.

Tubigrip Tubular Support Bandage should be handled and applied by health care professional, however, if a health care professional is not available, a family member or yourself may need to do the dressing change. Mölnlycke Health Care does not take any responsibility or liability connected to the application of the dressing by such persons. Accordingly, if Tubigrip Tubular Support Bandage is applied by a person that is not a health care professional, that is strictly at the user's own risk.

Find out more at www.molnlycke.com

Mölnlycke Health Care AB, P.O. Box 13080, Gamlestadsvägen 3 C, SE-402 52 Göteborg, Sweden. Phone + 46 31 722 30 00. The Mölnlycke and Tubigrip trademarks, names and logos are registered globally to one or more of the Mölnlycke Health Care group of companies. © 2021 Mölnlycke Health Care AB. All rights reserved. HQIM002648


Mölnlycke®